

Send your overseas partner a modest arrangement of low fragrance flowers, such as roses or carnations, if flowers are welcome where they are recovering. Check the delivery address and any hospital rules first, and include a short note that feels like you.

Choose flowers that feel easy to live with

After surgery, a bedside table may already hold a glass of water, medication and a phone charger. A compact arrangement leaves room for those things and gives your partner something pleasant to see without taking over the space.

Roses and carnations are good options to ask for in soft colors. Fragrance varies, so request flowers with little or no scent rather than assuming every stem will be mild. If your partner has a favorite flower, tell the florist. A familiar choice can carry more meaning than an elaborate arrangement.

It is worth thinking about care, too. A vase arrangement may be easier than a tied bouquet that needs trimming and arranging. Ask for a container that is stable and suitable for the space, especially if your partner has limited mobility.

- Choose a small or medium arrangement that fits on a table.
- Ask for low fragrance flowers and avoid heavily scented lilies.
- Include a vase or another suitable container if needed.
- Pick colors your partner likes rather than relying on a recovery theme.

Flowers can be lovely at home, but they are not always appropriate in a hospital room. Some hospitals or units restrict them, and your partner may be sensitive to scents while recovering. A quick check can prevent a

thoughtful gift from becoming one more thing to manage.

Make an overseas delivery personal

Confirm the full address, local phone number and preferred delivery time with your partner or someone close to them. If they are still in hospital, ask about the ward and room details as well as the rules for deliveries. Plans can change after surgery, so it helps to check that they will still be there on the expected day.

For a home delivery, consider who will answer the door. Your partner may be resting, or getting up may be uncomfortable. If someone is staying with them, that person may be able to receive the flowers and put them in water.

Keep the card simple and specific. You might write, **“I wish I could bring you tea. I am thinking of you and hope today feels a little easier.”** There is no need to promise a quick recovery or ask for an immediate reply. A few honest words can bridge the distance without adding pressure.

Questions you may have

Can I send flowers directly to the hospital?

Often you can, but rules differ by hospital and unit. Check before ordering, and confirm that your partner is able to receive them.

What if my partner cannot care for flowers?

Ask for an arrangement in a container with water, and check whether someone nearby can help. If that still feels impractical, send a card instead.

Should I wait until my partner gets home?

Waiting can be a good choice if their discharge is soon or hospital deliveries are uncertain. Ask someone close to them about the timing rather than guessing.

Take a look at https://greensys2019.org/what-seasonal-really-means-for-cut-flowers-and-how-city/