# Same-Day Emergency Dental Care Guide Released for Winnipeg Patients

Renew Dental, a dentist in Winnipeg, has announced the publication of a guide to same-day emergency dental care for patients in the city. The guide covers common dental emergencies such as toothaches, broken teeth, knocked-out teeth, and lost crowns. It also explains when a dental emergency requires going to a hospital. Renew Dental is located at 405 Centre Street in Bridgwater. The press release is dated November 13, 2026.

## Understanding Dental Emergencies

Dental emergencies can happen at any time and often cause significant pain and distress. Common issues include severe toothaches, chipped or fractured teeth, teeth that have been completely knocked out, and crowns or fillings that have come loose. Each type of emergency requires a specific approach to treatment, and the first step is often a thorough evaluation of the problem. A prompt dental emergency assessment can help determine the severity of the issue and the most appropriate course of action.

For many patients, the immediate concern is pain relief and preventing further damage. In the case of a knocked-out tooth, for example, quick action can sometimes allow the tooth to be reimplanted successfully. For a broken tooth, covering sharp edges and protecting the exposed inner layers can reduce sensitivity and prevent infection. Lost crowns or fillings leave the underlying tooth structure vulnerable, so temporary measures may be needed until a permanent restoration can be placed. Knowing what to do in these situations can make a significant difference in the outcome.

## When to Seek Emergency Care

Not every dental problem requires a trip to the emergency room. Many issues can be managed by a dentist during regular office hours or through same-day appointments. However, certain signs indicate that a dental emergency may need hospital-level care. These include severe swelling that could affect breathing, uncontrolled bleeding, or signs of a serious infection that has spread beyond the tooth. A professional dental emergency assessment can guide patients on whether they need to go to a hospital or can be treated in a dental clinic.

The guide from Renew Dental addresses this distinction, helping patients understand the difference between a problem that can wait for a dental appointment and one that requires immediate medical attention. For instance, a toothache that is accompanied by facial swelling or fever may indicate an abscess that needs urgent care. Similarly, a jaw injury or a tooth that has been knocked out with significant trauma to the surrounding area might warrant a hospital

visit. Having clear guidelines can reduce confusion and ensure that patients get the right care quickly.

## Common Dental Emergencies and First Steps

Toothaches are among the most frequent dental emergencies. They can result from decay, infection, or injury. Rinsing the mouth with warm water and using a cold compress on the outside of the cheek can help manage pain until a dentist is seen. Over-the-counter pain relievers may be used, but aspirin should not be placed directly on the gums as it can cause burns.

Broken teeth require careful handling. Any pieces of the tooth should be saved and brought to the dentist. Rinsing the mouth and applying gauze to stop bleeding are initial steps. The dentist will assess the extent of the break and determine if a filling, crown, or other restoration is needed. For a knocked-out tooth, the tooth should be picked up by the crown, not the root, and rinsed gently if dirty. It should be kept moist by placing it in milk or a tooth-preservation product, or by holding it in the cheek pocket. The sooner a dentist can see the patient, the better the chances of saving the tooth.

Lost crowns or fillings leave the tooth exposed and sensitive. Patients can try to place the crown back over the tooth using dental cement or a temporary adhesive available at pharmacies, but this is a temporary measure. A dentist will need to clean the area and reattach or replace the restoration properly. Avoiding chewing on that side of the mouth until treatment is received is advisable.

## The Role of Same-Day Care

Same-day emergency dental care is designed to address these issues promptly, reducing pain and preventing complications. Many dental practices reserve time in their schedules for urgent cases, allowing patients to be seen within hours of calling. This model is especially valuable for problems that, while not life-threatening, cause significant discomfort or risk worsening if left untreated. For example, a cracked tooth that is not treated can develop a deep infection over time, leading to more extensive and expensive treatment later.

Patients in Winnipeg who experience a dental emergency can benefit from knowing which clinics offer same-day appointments and what the process involves. The guide from Renew Dental provides this local information, helping residents make informed decisions when urgent dental needs arise. It also clarifies that not all dental offices handle emergencies the same way, so having a dedicated resource can save time and stress.

## Preventing Dental Emergencies

While not all dental emergencies can be avoided, some preventive measures can reduce the risk. Wearing a mouthguard during sports, avoiding chewing on hard objects like ice or popcorn kernels, and maintaining good oral hygiene can help keep teeth strong and less prone to injury. Regular dental check-ups can also catch problems like small cavities or early signs of gum disease before they turn into emergencies. However, even with the best prevention, accidents happen, and being prepared with knowledge of what to do is important.

The availability of a same-day emergency dental care guide in Winnipeg means that residents have a reliable source of information when they need it most. By outlining the steps to take for common emergencies and explaining when hospital care is necessary, such a guide can reduce anxiety and improve outcomes. For patients, having this knowledge before an emergency occurs can make a stressful situation more manageable.

Renew Dental's announcement of this guide reflects a growing trend among dental practices to provide clear, accessible information to the public. As dental care continues to evolve, resources that help patients navigate urgent situations are becoming increasingly valuable. The guide itself is a practical tool that addresses a common need in the community.