

Pink carnations, pink roses, forget me nots and daisies can all represent the bond between a mother and daughter. Each suggests a different part of that relationship, from a mother's love to gratitude, affection and shared memories.

Pink carnations for a mother's love

Pink carnations are closely associated with a mother's love and are a familiar choice for Mother's Day. Their ruffled petals and long stems also make them easy to use in a bouquet, either on their own or mixed with other flowers.

For a mother and daughter, pink carnations can stand for the care that holds the relationship together. They are a useful choice when you want the meaning to be clear without needing a large arrangement.

Pink roses for gratitude and affection

Pink roses are often associated with appreciation and affection. A daughter might give them to thank her mother, while a mother might choose them to show her daughter how much she is loved.

The colour matters here. Red roses are strongly associated with romantic love, so pink may be a more direct choice for a family gift. A few pink roses can make a lovely bouquet without making the message feel formal.

Forget me nots and daisies for shared memories

Forget me nots are associated with remembrance. Their small blue flowers suit a gift meant to honour time spent together, especially if a mother and daughter live far apart or have a memory they want to mark.

Daisies are often linked with innocence and new beginnings. They can represent the light, playful side of a mother and daughter relationship, or mark a new chapter such as a move or graduation. Meanings are not fixed rules, though. A flower the two of you both love may say more than any traditional symbol.

How to choose and give the flowers

Start with the person receiving them. Her favourite colour or flower can guide the choice as much as symbolism does. Then think about the message you want the bouquet to carry.

1. Choose pink carnations for a clear connection to a mother's love, or pink roses to express thanks and affection.
2. Add forget me nots if remembrance is important, or daisies for a fresh, cheerful look.
3. Ask which flowers are available and look for firm stems and fresh petals. A simple bunch can be as thoughtful as a mixed arrangement.
4. Include a short note explaining your choice. One specific memory or a few words of thanks will make the meaning personal.

You can also choose one flower and let the note carry the rest. The strongest symbol is often the one that means something to both of you.

Also helpful: delivery date across time zones