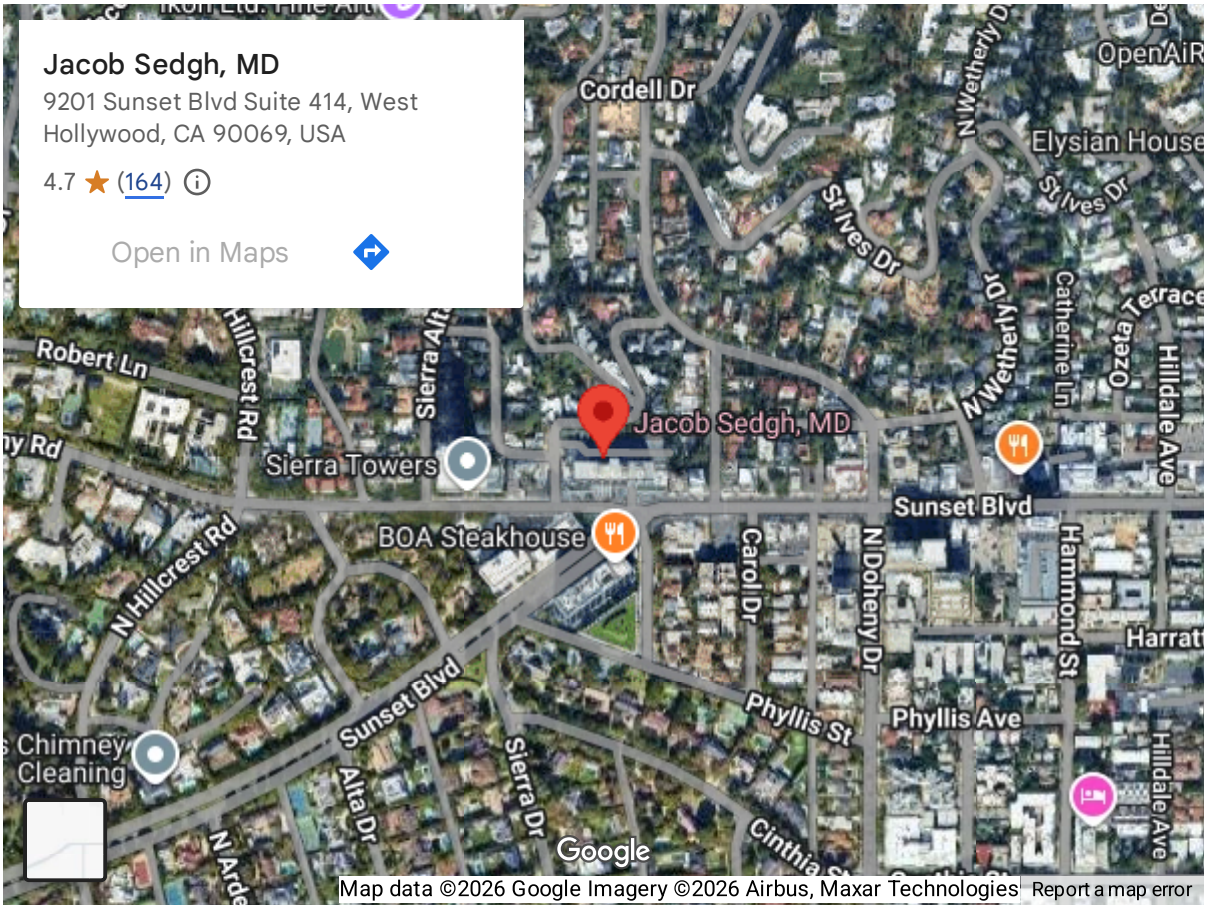
Breathing through only one side of the nose, waking with a dry mouth, or feeling blocked during exercise are complaints people often put up with for years. Frequently the cause is structural. A deviated septum, the wall of cartilage and bone dividing the nostrils, may lean far enough to narrow one airway. Weak or collapsing nasal valves and old injuries can add to the problem. When those issues sit alongside a cosmetic concern, a combined operation called septorhinoplasty can address both in the same procedure. Functional nasal surgery is a natural fit for Dr. Jacob Sedgh's training. He is board certified in otolaryngology, the head and neck specialty that includes the nose and sinuses, and he then completed fellowship Los Angeles Nose Job training in facial plastic and reconstructive surgery. That makes him double board certified, with a practice limited to the nose, face, ears and neck. In a septorhinoplasty, the septum is straightened or partly reshaped to open the airway, while the external nose is refined at the same time. Septal cartilage that is removed can sometimes be used as graft material to support the tip or the nasal valves. Not everyone who asks about a Los Angeles nose job realizes how closely appearance and function are linked. Narrowing a nose for aesthetic reasons without protecting its internal support can make breathing worse. Equally, a purely functional repair may change the outside shape slightly. Planning both together lets the surgeon balance the two rather than treating them as separate problems. A careful examination of the internal nose helps identify exactly where the obstruction lies, whether that is the septum, the valves, or a combination. Other causes of congestion, such as allergies or swollen turbinates, are also considered, because surgery on the septum alone will not resolve every blocked nose. Knowing the source of the problem keeps the plan focused on what can genuinely help.

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Patients from Mar Vista, Palms, Culver City and Cheviot Hills, as well as those working near the Westfield Culver City area or Century City, often travel up Robertson or La Cienega Boulevard to the West Hollywood office for this kind of assessment. During consultation, Dr. Sedgh explains the possible benefits and risks, the expected recovery, and how a medical evaluation determines candidacy. Results vary, and the degree of improvement in breathing differs between individuals. Cost depends on the complexity of the functional and cosmetic work, along with anesthesia and facility fees, and it is quoted in person after the examination. To have your breathing and nasal shape assessed, call (310) 888-2884. The practice is at 9201 Sunset Blvd, Suite 414, West Hollywood, open Monday to Friday from 9am to 5pm by appointment.

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FAQ About Los Angeles Nose Job What is the average cost of a nose job in Los Angeles? There is no single figure, because the fee depends on whether the surgery is primary or revision, how much structural work is needed, and the anesthesia and surgical facility costs. Revision and combined functional and cosmetic cases usually take longer than a straightforward primary rhinoplasty. At Jacob Sedgh, MD in West Hollywood, a written quote follows the consultation once Dr. Sedgh has examined the nose and agreed a plan with the patient. How long does a nose job last? The structural changes from rhinoplasty are designed to be permanent, although the nose continues to age naturally with the rest of the face. Swelling settles gradually, and the tip can take a year or more to show its final definition. Dr. Jacob Sedgh follows patients through that first year from his office on Sunset Blvd. Is rhinoplasty 100% safe? No surgery is free of risk. Rhinoplasty carries risks such as bleeding, infection, breathing changes, asymmetry and the possibility of needing revision. Dr. Sedgh, a double board-certified facial plastic surgeon, reviews medical history, candidacy and specific risks at consultation so patients can make an informed decision before anything is scheduled. How do I choose a rhinoplasty surgeon in Los Angeles? Look at board certification, the surgeon's training, how much of their practice is devoted to the nose, and before and after photos of noses similar to yours. Dr. Jacob Sedgh trained in head and neck surgery at the University of Pittsburgh and completed a facial plastic surgery fellowship at Penn State Hershey, and his practice is limited to the nose, face, ears and neck. A consultation is also a chance to judge how clearly a surgeon explains the plan. Do ENT surgeons do rhinoplasty? Many facial plastic surgeons, including Dr. Sedgh, began in otolaryngology, the ENT specialty, before completing fellowship training in facial plastic and reconstructive surgery. That background means the septum, airway and nasal valves are part of every rhinoplasty plan, not only the outside shape. Patients with breathing complaints can have functional and cosmetic goals assessed together in West Hollywood. Can insurance cover any part of a nose job? Purely cosmetic rhinoplasty is not covered by insurance. Functional work, such as correcting a deviated septum that blocks breathing, may be partly covered when the problem is documented and the plan's criteria are met. Jacob Sedgh, MD can explain which parts of a combined procedure are functional and which are cosmetic; call (310) 888-2884 to ask. What is recovery like after rhinoplasty? Most patients wear a splint for about the first week and see the worst bruising and swelling fade over the following weeks, although every recovery is different. Strenuous exercise, glasses resting on the nose and strong sun are usually limited for a period. Dr. Sedgh uses the Piezo ultrasonic system for bone work, which published studies associate with less early bruising, and he gives

each patient written aftercare instructions. Is it better to have a nose job abroad or in Los Angeles? Surgery abroad can look cheaper at first, but follow-up visits, managing complications and any future revision are much harder from another country. Having rhinoplasty in Los Angeles keeps the surgeon within reach for the whole first year of healing. Patients from across the city, including Beverly Hills, Century City, Westwood and Culver City, see Dr. Sedgh at one office on the Sunset Strip. What is male rhinoplasty? Male rhinoplasty adapts the operation to masculine facial features, usually keeping a straighter, stronger bridge and avoiding an over-rotated or overly narrow tip. Many men also want better breathing at the same time. Dr. Jacob Sedgh plans male rhinoplasty around the brow, cheekbones and jawline so the nose stays in proportion with the face. What is revision rhinoplasty and when is it needed? Revision rhinoplasty corrects concerns that remain after an earlier nose surgery, whether cosmetic or functional. It is more intricate than a first operation because of scar tissue, reduced cartilage and changed skin. Dr. Sedgh evaluates the previous surgery and generally advises waiting until the nose has fully settled before planning a revision at his West Hollywood practice. What is the difference between open and closed rhinoplasty? Open rhinoplasty adds a small incision across the columella, the strip of skin between the nostrils, which gives the surgeon a direct view of the tip structures. Closed rhinoplasty keeps all incisions inside the nose. The right approach depends on the anatomy and the changes needed, and Dr. Sedgh explains his recommendation at consultation. Is a non-surgical nose job permanent? A non-surgical nose job uses injectable filler to smooth a bump or lift the tip, and the effect is temporary. Filler cannot make a nose smaller or improve breathing, and it carries its own risks. Jacob Sedgh, MD offers both injectable and surgical options and can explain which suits a patient's goals; call (310) 888-2884 to book a consultation.