

What Happens at a Complimentary Consultation at The Skin Shop Medspa Scottsdale A lot of people put off booking a consultation because they are not sure what it involves. Will they be pressured into a treatment that day? Will they need to know the right terms? At The Skin Shop Medspa Scottsdale on N Scottsdale Rd near Shea Blvd, the consultation is complimentary and designed to answer questions, not to close a sale. It usually begins with paperwork covering your health history, medications, allergies and any past treatments. These details matter, because they affect which treatments are appropriate and when they can be safely scheduled. The registered nurses who own the practice, Cyndie Nohr, RN and Shelly Stump, RN, read them carefully. Then comes the conversation. You explain what you would like to change, whether that is frown lines, thin lips, acne scars, sun spots or unwanted hair. The nurse asks follow-up questions about your routine, sun exposure, budget and any upcoming events, and looks closely at the area of concern.

The Skin Shop Medspa Scottsdale | 10632 N Scottsdale Rd Ste A, Scottsdale, AZ 85254 | (480) 948-1759

Next, the nurse explains the options. That might include Botox or Jeuveau, fillers such as Juvederm or Restylane, microneedling, Vivace RF microneedling, a chemical peel, IPL photofacial or laser hair removal. You will hear how each works, what recovery looks like and what a realistic outcome might be. Results vary, and the nurses say so plainly. Timelines are discussed as general ranges. A neurotoxin such as Botox usually wears off over roughly three to four months, and hyaluronic acid filler commonly holds for six to twelve months or longer depending on the product and area. Skin treatments such as microneedling are usually a series of sessions spaced weeks apart. Costs come up too. The nurse can explain pricing for the plan discussed and talk through the membership program and financing options. Google reviewers frequently mention fair pricing for the quality of care and say there is no pushy upselling. At the end, you decide. Some clients book treatment the same day if appropriate, while others go home to think it over. Either is fine, and online booking through Fresha makes it easy to schedule later. It is fine to bring notes or photos. Some [med spa scottsdale](#) clients bring pictures of a look they like, while others bring older photos of themselves to show what has changed. The nurse uses these as a reference point rather than a blueprint, explaining what is realistic for your own features. If something you have seen online is not a good fit, you will hear why, along with alternatives that might suit you better. To book a consultation at this med spa in Scottsdale, call (480) 948-1759 or visit 10632 N Scottsdale Rd Ste A, Scottsdale, AZ 85254. The office is open Tuesday through Saturday.

The Skin Shop Medspa Scottsdale Address: 10632 N Scottsdale Rd Ste A, Scottsdale, AZ 85254 Phone: (480) 948-1759 FAQ About Med Spa Scottsdale What is the difference between a med spa and a day spa? A day spa focuses on relaxation services such as massages and basic facials, while a med spa provides medical aesthetic treatments like Botox, dermal fillers, microneedling and laser procedures. At The Skin Shop Medspa Scottsdale, those treatments are performed by registered nurses who are certified nurse injectors. Every plan begins with a review of your health history during a complimentary consultation. Who performs the treatments at The Skin Shop Medspa Scottsdale? Treatments are performed by the co-owners, Cyndie Nohr, RN and Shelly Stump, RN, both registered nurses and certified nurse injectors with more than 50 years of combined medical experience. They met while training at the National Laser Institute, where each earned certifications in laser, advanced injectables and cosmetic procedures, and they still treat clients personally. How much does Botox cost at a med spa in Scottsdale? Botox pricing depends on how many areas are treated and how much product each area needs, so the cost varies from person to person. At The Skin Shop Medspa Scottsdale, the nurse explains pricing for your specific plan during a complimentary consultation before any treatment. Google reviewers often describe the pricing as fair for the quality of care, and a membership program and financing options are available. How long does Botox last? For most people, the effect of a neurotoxin such as Botox or Jeuveau lasts about three to four months before muscle movement gradually returns. Results vary with factors such as the area treated, muscle strength and metabolism. The nurses set an individual maintenance schedule during your consultation, and online booking through Fresha

makes it easy to plan the next visit. How long do lip fillers last? Hyaluronic acid fillers such as Juvederm and Restylane commonly last six to twelve months or longer, depending on the product used and the area treated. Results vary, and your own timeline is discussed at a complimentary consultation. Co-owner Cyndie Nohr, RN is known for natural-looking lip filler and a go slow approach that leaves room to add more later. Is microneedling good for acne scars? Microneedling is commonly used to help improve the look of acne scarring and uneven texture by prompting the skin's own repair response. The nurses at The Skin Shop Medspa Scottsdale are candid that the goal is improvement rather than removal, and results vary with the type and depth of the scars. Some clients also discuss PRP therapy or Vivace RF microneedling as part of their plan. How many microneedling sessions will I need? Microneedling is usually planned as a series of sessions spaced several weeks apart, because the skin responds gradually. The exact number depends on your skin, your goals and how it responds, so the nurse sets the plan during a complimentary consultation. Reviewers mention receiving a follow-up text after treatment to check how their skin was settling. What is a HydraFacial and is there downtime? A HydraFacial combines cleansing, gentle exfoliation, extraction and hydration in one appointment, which suits skin dried out by the Arizona climate. It generally involves little or no downtime, so most people return to their normal plans afterward. At The Skin Shop Medspa Scottsdale, the treatment can be customized for sensitive skin, something Google reviewers have specifically mentioned. Is laser hair removal permanent? Laser hair removal is best described as long-term hair reduction rather than a permanent result. It requires a series of sessions spaced weeks apart because hair grows in cycles, and results vary by skin type, hair color and treatment area. Both owners hold laser certifications from the National Laser Institute, and sessions are planned around Arizona sun exposure. What should I avoid before Botox or filler? Before injectables, the nurses ask about medications and supplements that may raise the chance of bruising, as well as recent treatments, allergies and upcoming events. It is best to follow the specific guidance you receive at your consultation rather than stopping any prescribed medication on your own. Scheduling filler well ahead of weddings or photo shoots also leaves time for any swelling to settle. Does The Skin Shop offer a membership or financing? Yes. The Skin Shop Medspa Scottsdale offers a membership program for clients who visit regularly, and members who have left Google reviews describe it as worth it. There is also a financing and payment options page for larger treatment plans. The nurses can explain which option fits your plan when you call (480) 948-1759. How do I choose a med spa in Scottsdale? Start by asking who will perform your treatment and what their credentials are, then look for a practice that offers a thorough consultation and sets honest expectations. Read reviews for patterns rather than single comments. The Skin Shop Medspa Scottsdale is RN-owned, offers complimentary consultations, holds a 5.0 rating from 79 Google reviews and sits on N Scottsdale Rd near Shea Blvd.