

How hacking horses need from horse feed

Picking the right **horse feed** for **hacking horses** begins with recognising what the horse is actually doing. Hacking usually means a mix of regular ridden exercise, varying terrain, and occasional days off rather than competitive competition work. That means most horses doing this type of work do best on a **forage-based diet**, with feed added only to support **energy**, digestive comfort, and body condition.

The foundation should always be **forage**. Good-quality **hay** is usually the main choice, while **haylage** may suit horses that need a little more digestible energy or prefer it for **palatability**. The exact balance depends on the horse's **workload**, **temperament**, and current **condition**. A horse that is relaxed and maintains weight easily may need very little beyond forage, while a sharper or leaner horse may need a more structured ration.

The key nutritional aim for hacking horses is usually **slow release energy** rather than quick bursts. That generally means prioritising **high fibre**, **low starch** feed with controlled **sugar** levels. This helps support **digestive health** and **gut health**, while also reducing the risk of excitability. A sensible diet should support **performance** without creating unnecessary fizz.

It is also worth remembering that not every hacking horse needs the same level of concentrate feed. Some do best on forage alone plus a **supplement** or **balancer**. Others need a little more feed rate in winter or during heavier work. The best approach is to match the diet to nutritional needs and monitor the horse's **body condition score** regularly.

Types of horse feed and when to use them

There are many **types of horse feed**, but for hacking horses the most useful ones are usually the simplest. Broadly, feeds fall into forage, fibre-based conditioning products, cereals, balancers, and all-in-one mixes or cubes. The right option depends on whether you are trying to maintain weight, improve topline, or simply provide a little extra **energy**.

Complete horse feed is designed to supply a nutritious ration in one feed, usually alongside forage. It can be convenient for owners who want simple feeding without blending multiple ingredients. For some hacking horses, especially horses in moderate work, this can be an effective solution because it can provide protein, vitamins, minerals, and energy in one feed. However, it is still important to check the label and ensure the feed is suitable for the [diet feed for overweight horses](#) horse's workload and temperament.

A **horse feed mix recipe** is a more tailored method. It may include a base of chaff or chopped fibre with beet pulp, a cereal such as oats, and a balancer or vitamin and mineral supplement. This may work effectively if you want more control over the ration, but it requires a clear grasp of ingredients and portions.

Horse feed companies provide a diverse range of products that are often grouped into general categories: cool mixes, fibre cubes, conditioning cubes, balancers, and mash-style feeds. Some brands specialize on **high fibre**, **low starch** formulas for horses that need steady condition without too much excitement. When comparing products, check the label for starch and sugar content, digestibility, and whether the feed is intended for maintenance, leisure horses, or higher-level **performance**.

The basic rule is simple: if your hacking horse holds weight well, opt for hay and perhaps a nutritional balancer. If it has trouble maintaining condition, choose a more calorie-rich but still high-fibre feed. If it gets lively on cereals, cut back on starch and switch to a more digestible fibre-based option.

Horse feeding rules all owners should follow

Effective **horse feeding rules** are about consistency, security, and matching the ration to the horse. The **10 rules of feeding horses** are commonly presented as a basic framework, and while different people phrase them differently, the core principles do not change: feed plenty of forage, make diet changes slowly, offer fresh water, don't feed huge portions, monitor weight, and adjust the ration for the horse's activity.

One of the most important pieces of **horse feed advice uk** owners can follow is to keep the diet as close to a natural grazing pattern as possible. Horses are designed to graze frequently in small amounts, so long gaps without forage are not ideal for **digestive health**. When using concentrates, they should complement forage rather than substitute for it.

A key consideration is **starch**. Horses used for hacking generally do not need grain-heavy diets unless they are poor doers or in much higher exercise than average. Too much starch can upset gut function and may result in unwanted sharpness. For many hacking horses, a **balanced ration** based on fibre, a carefully managed feed amount, and enough forage is a better fit.

Useful feeding guidelines for hacking horses include:

- Set the diet on forage first.
- Add any new feed slowly over 7 to 14 days.
- Choose the smallest effective amount of concentrate feed.
- Serve feeds into smaller meals where possible.
- Monitor the horse's **body condition score** every few weeks.
- Alter the ration with changes in workload, weather, or turnout.
- Make sure there is fresh water available at all times.
- Pick feed with suitable fibre, starch, and sugar levels.
- Avoid overfeeding based on habit rather than need.
- Review the diet if behaviour, droppings, or condition changes.

These rules are especially useful for owners who want practical horse feed advice uk rather than complicated theory.

How much horse feed does a hacking horse need?

How much feed is needed depends on forage intake, body size, **workload**, and current condition. A handy **horse feeding chart** gives a useful guide, but it should never replace observation. The best way to use a chart is to combine it with a **horse feed calculator uk** approach: calculate the horse's likely needs, then fine-tune according to condition and work.

For **horse feed for beginners**, the easiest method is to start with forage and then only add a concentrate if needed. Many hacking horses in light to moderate work can maintain condition on forage alone plus a **balancer** or small amount of a complete feed. Others may need a larger ration during winter or if they are naturally lean.

The most important tool is **body condition score**. Rather than relying on weight alone, check fat cover over the ribs, neck, shoulder, and hindquarters. A horse in ideal condition for hacking should look fit without being fat. If it is losing weight, raise feed carefully. If it is gaining too much, lower calorie-dense ingredients before cutting forage.

A simple practical guide:

- Good doers: forage first, minimal concentrate, consider a balancer only.
- Average horses in **light work**: forage plus a small fibre-based feed if needed.
- Poor doers: more digestible energy from beet pulp, chaff, and suitable conditioning feed.

Remember that a horse feed calculator uk can only estimate. Forage quality, turnout, weather, and individual metabolism can all affect intake. Always use the calculator alongside condition score and behaviour.

Picking the best feed for work demand, temperament and condition

Providing feed for **hacking** is not just about energy. It is also about the horse's **temperament** and current **condition**. Two horses doing the same amount of hacking may need very different feed plans. One may stay calm and round on a forage-only diet, while another may need more fuel to avoid dropping weight.

For horses that feel sharp, prioritise **fibre** rather than cereals. Fibre provides more **slow release energy** and tends to suit horses that need a calmer attitude under saddle. For horses that lack bloom or lose muscle, a more nutrient-dense ration may be needed, but it should still be built around digestible fibre and not just starch.

Sugar content matters too. Higher sugar feeds may be less suitable for horses prone to excitability or poor metabolic tolerance. A feed that is lower in sugar and starch, but higher in fibre, often fits hacking horses better because it supports steadier energy and helps maintain **gut health**.

When selecting feed, ask these questions:

- Does the horse need weight gain, maintenance, or weight loss?
- Is it that the current **workload** truly light, moderate, or increasing?
- Will the horse become sharp on cereal-based feeds?
- Would a **balancer** cover the nutritional gaps without extra calories?
- Is it that the forage already providing enough condition and energy?

This workload-based approach helps keep the ration balanced and avoids overfeeding a horse that only does a few hacks each week.

Horse feed pricing: what to expect and ways to plan

Horse feed cost varies widely depending on feed type, bag size, brand, and how much your horse actually needs. A basic fibre feed or balancer can be budget-friendly if the horse only needs a small daily amount. A conditioning ration for a poor doer will usually cost more because the feed rate is higher and the ingredients are more energy-rich.

If you are asking **how much does horse feed cost**, the best answer is that the monthly total depends on the whole ration, not just one bag price. A horse that eats mainly hay and a small balancer may be relatively inexpensive to feed. A horse on larger amounts of complete feed, beet pulp, and chaff will cost more.

Bulk buying can lower the unit cost, but only if storage is dry, secure, and suited to the product. Bigger **bag size** options can be useful when a horse eats the same feed consistently, though smaller bags may be better if you need to trial a new product first. Always compare cost per day rather than only cost per bag.

To budget sensibly:

- Calculate daily feed rate for each ingredient.
- Multiply by 30 days to estimate monthly use.

- Factor in forage, supplements, and any balancer.
- Plan for seasonal changes in appetite and condition.

A good budgeting strategy is to set up the ration around forage first and then add only what the horse truly needs. That usually gives the ideal balance of nutrition and value.

Spillers horse feed and other common feed brands

spillers horse feed remains one of the most recognised names among **horse feed companies**, and it provides a broad selection of products for pleasure horses, performance horses, and horses requiring condition support. Like other major horse feed companies, Spillers produces feeds that span from balancers to complete feeds and conditioning options, making it simpler to match diet to workload and temperament.

When comparing brands, look beyond the label name and consider what the feed actually does. A **balancer** is useful when you want vitamins, minerals, and amino acids without many calories. A **conditioning feed** is designed for horses that need extra condition and may contain more digestible energy. Some horses out hacking often only need the first; others may gain from the second during harder work or colder weather.

Other horse feed companies also offer fibre-based, low starch, and complete feed options that suit hacking horses well. The important thing is not the brand alone but whether the product fits the horse's needs. Check the feed's digestibility, palatability, starch level, sugar level, and recommended feed rate before deciding.

If in doubt, review products by asking:

- Is this feed intended for maintenance, condition, or performance?
- How much do I need to feed daily?
- Does it suit a calm hacking horse?
- Will forage still provide the main part of the diet?

Example horse feed mix recipe for a hacking horse

A simple **horse feed mix recipe** for a hacking horse should be kept plain and fiber-focused. The goal is to supply enough **energy** and nutrients without excess starch. Here is an example of a simple mix that could fit a horse needing maintenance support in light to moderate hacking.

Example idea:

- Starting point of chopped **chaff** to promote chewing and steady eating.
- Careful amount of soaked **beet pulp** for digestible fibre and added condition.
- Limited portion of **oats** only if the horse needs extra energy and tolerates cereals well.
- A proper **balancer** or vitamin and mineral supplement to complete the ration.

This style of feed works well because it combines fibre, some calories, and nutritional coverage. The beet pulp supports a high fibre, low starch ration, while chaff helps bulk out the meal and improves chewing time. Oats can provide a readily usable energy source, but they are not essential for every hacking horse and should be used carefully if the horse is sharp.

Always bring in any new horse feed mix recipe gradually. Watch the horse's droppings, attitude, appetite, and body condition. If the horse becomes overexcitable, reduce the cereal component and move towards a more fibre-based recipe.

Horse feeding chart: simple examples by type of horse

A basic **horse feeding chart** can make decisions easier, especially if you are new to feeding. Use it as a starting point and then modify according to **condition**, behaviour, and work. The categories below are broad and should be adapted to the individual horse.

- **Good doer:** forage ad lib if appropriate, limited concentrate, balancer if needed, keep starch low.
- **Poor doer:** forage plus fibre-based conditioning feed, beet pulp, and possibly more calories from a suitable feed.
- **Light work:** forage-first diet, small amount of complete feed or balancer depending on condition.
- **Moderate hacking workload:** forage plus a controlled energy feed with high fibre and moderate digestibility.

The best chart is the one that connects intake to body condition score. If the horse is maintaining a healthy score on less feed, there is no need to increase the ration. If it is losing condition, increase the feed rate slowly and review forage quality first.

For **horse feed for beginners**, a practical rule is to start with the simplest option that satisfies the horse's needs. Many hacking horses don't require a substantial feed bucket; they need a properly managed forage base and a modest, specific ration.

FAQs about horse feed for hacking horses

What is the best horse feed for a hacking horse?

The best **horse feed** for a hacking horse is usually a forage-led diet with a fibre-focused feed or balancer added only if needed. For most horses, that means plenty of hay or haylage, plus a high fibre, low starch option that promotes steady energy and digestive health. The ideal choice depends on workload, temperament, and condition.

How much horse feed should a horse in light work get?

A horse in **light work** often needs hardly any concentrate feed if forage quality is good. Many horses do well on forage alone plus a balancer or a modest quantity of complete feed. Use a horse feeding chart as a guide, then adjust using the horse's body condition score and overall fitness.

Is complete horse feed better than a mix for hacking horses?

complete horse feed can be better if you want simplicity and a balanced ration in one product. A **horse feed mix recipe** can be better if you want more control over ingredients and calorie levels. For hacking horses, either can work, but the best option is the one that matches the horse's nutritional needs without adding too much starch or sugar.

How much does horse feed cost per month?

horse feed cost per month varies depending on the horse's size, forage intake, and feed type. A horse needing only a small balancer and forage will cost less than one on a conditioning feed or larger complete feed ration. If you are asking **how much does horse feed cost**, calculate the daily amount of each product, then multiply by 30 to get a realistic monthly budget.

What should I feed my horse if I'm a beginner?

If you are looking for **horse feed for beginners**, keep the diet basic. Start with forage, then add a balancer or small amount of a suitable complete feed if the horse needs extra support. Follow basic **horse feeding rules**, watch the **body condition score**, and use reliable **horse feed advice uk** guidance from feed labels or a qualified nutrition professional if you are unsure.

Bifid UK

+44 800 422 0888

sales@bifid.co.uk

<https://bifid.com/uk/>